## Menu

## DE-ÖKO-044 Always for fruit, dairy products, potatoes, pasta, rice





			Always for fruit, dairy products, potatoes, pasta, rice	ADIAMAS AND DIE ROCILE
Date		Menu 1	Vegetarian Alternative	Menu 2 (vegetarian)
Monday, 1.04.		Closed	Closed	Closed
Tuesday, 2.04.		Leek and pumpkin pan with cumin (organic: leek, pumpkin), herb sauce (organic milk) (3,7), organic potatoes; organic nibbles; organic fruit	Leek and pumpkin pan with cumin (organic: leek, pumpkin), herb sauce (organic milk) (3,7), organic potatoes; organic nibbles; organic fruit	Leek and pumpkin pan with cumin (organic: leek, pumpkin), herb sauce (organic milk) (3,7), organic potatoes; organic nibbles; organic fruit
Wednesday, 3.04.		Borscht (vegetable soup with beet) (organic: potatoes, cream) (3.7), organic baguette (1); nibbled vegetables; vanilla yoghurt (organic yoghurt) (3)	Borscht (vegetable soup with beet) (organic: potatoes, cream) (3.7), organic baguette (1); nibbled vegetables; vanilla yoghurt (organic yoghurt) (3)	Borscht (vegetable soup with beet) (organic: potatoes, cream) (3.7), organic baguette (1); nibbled vegetables; vanilla yoghurt (organic yoghurt) (3)
Thursday, 4.04.		Organic spirelli (1), tomato and beef ragout (organic: tomatoes, peppers, onions, beef) (7); organic snacks; organic fruit	Organic spirelli (1), tomato and bell pepper ragout (organic: tomatoes, peppers, onions) (7); organic snacks; organic fruit	Organic spirelli (1), tomato and bell pepper ragout (organic: tomatoes, peppers, onions) (7); organic snacks; organic fruit
Friday, 5.04.		Herb curd with linseed oil (organic: curd, milk) (3), organic potatoes; organic snack vegetables; chocolate pudding (organic milk) (3)	Herb curd with linseed oil (organic: curd, milk) (3), organic potatoes; organic snacks; chocolate pudding (organic milk) (3)	Herb curd with linseed oil (organic: curd, milk) (3), organic potatoes; organic snack vegetables; chocolate pudding (organic milk) (3)
Monday, 8.04.		Organic wholemeal spaghetti (1) with tomato sour cream sauce (organic: tomatoes, sour cream) (3,7); organic snacks; organic fruit	Organic wholemeal spaghetti (1) with tomato sour cream sauce (organic: tomatoes, sour cream) (3,7); organic snacks; organic fruit	Wholegrain rice with shepherd's cheese, peppers, onions and mint (organic: wholegrain rice, peppers, onions, shepherd's cheese) (1,3,7), tomato sauce (organic tomatoes) (7); organic snacks; organic fruit
Tuesday, 9.04.		Cream of cauliflower soup (organic: vegetables, potatoes, cream) (3.7); rice pudding (organic: milk, round grain rice) (3); organic snacks; apple sauce	Cream of cauliflower soup (organic: vegetables, potatoes, cream) (3.7); rice pudding (organic: milk, round grain rice) (3); organic snacks; apple sauce	Cream of cauliflower soup (organic: vegetables, potatoes, cream) (3,7); organic pancakes (1,2,3); organic snacks; apple sauce
Wednesday, 10.04.		Red lentil soup with root vegetables, potatoes and fresh herbs (organic: root vegetables, potatoes) (7), organic wholemeal bread (1); organic snacks; organic fruit	Red lentil soup with root vegetables, potatoes and fresh herbs (organic: root vegetables, potatoes) (7), organic wholemeal bread (1); organic snacks; organic fruit	Organic wholemeal penne (1), vegetable ragout (organic vegetables) (7), organic grated cheese (3); organic nibbled vegetables; organic fruit
Thursday, 11.04.	Ų	Chicken fricassee with peas and carrots (organic cream) (1,3,7), organic rice; snack vegetables; apricot yoghurt (organic: yoghurt, apricots) (3)	Egg fricassee with peas and carrots (organic cream) (1,2,3,7), organic rice; snack vegetables; apricot yoghurt (organic: yoghurt, apricots) (3)	Green spelt meatballs (organic green spelt) (homemade) (1,2,7), zucchini sauce (organic cream) (3,7), organic rice; nibbled vegetables; apricot yoghurt (organic: yoghurt, apricots) (3)
Friday, 12.04.	<b>&gt;&gt;</b>	Tuna salad in sour cream sauce (organic sour cream) (3,5), organic potatoes; snack vegetables; organic fruit	Beet salad in sour cream sauce (organic sour cream) (3), organic potatoes; nibbled vegetables; organic fruit	Green beans with pears in cream sauce (3.7), organic potatoes; nibbled vegetables; organic fruit
Monday, 15.04.		Organic spirelli (1), mushroom cream (organic: mushrooms, cream) (1,3,7); organic nibbles; stracciatella curd (organic: curd, milk) (3)	Organic spirelli (1), mushroom cream (organic: mushrooms, cream) (1,3,7); organic nibbles; stracciatella curd (organic: curd, milk) (3)	$Lasagne\ with\ light\ lemon\ sauce\ (organic:\ lasagne\ sheets,\ mushrooms,\ leek,\ milk)\ (1,3,7);\ organic\ nibbles;\\ stracciatella\ curd\ (organic:\ curd,\ milk)\ (3)$
Tuesday, 16.04.	Ų	Poultry sausage, red cabbage, parsley potatoes (organic potatoes), ketchup (homemade) (7); snack vegetables; organic fruit	Veggie sausage (1,2), red cabbage, parsley potatoes (organic potatoes); snack vegetables; organic fruit	Cream lentils with carrots and sesame (organic cream) (3,7,10), organic penne (1,2); snack vegetables; organic fruit
Wednesday, 17.04.		Cream of turnip soup (organic: turnips, cream) (3,7); rice pudding (organic: milk, round grain rice) (3); organic nilbbles; cherry compote made from organic cherries	Cream of turnip soup (organic: turnips, cream) (3,7); rice pudding (organic: milk, round grain rice) (3); organic nibbles; cherry compote made from organic cherries	Cream of turnip soup (organic: turnips, cream) (3,7); sweet quinoa casserole (organic: milk, quark) (2,3); organic nibbles; cherry compote made from organic cherries
Thursday, 18.04.		Pollack in crispy batter (1,2,5), tomato sauce (organic: vegetables, milk) (1,3,7), organic rice with turmeric; organic snack vegetables; organic fruit	Millet dumplings with sesame seeds (homemade) (1,2,10), tomato sauce (organic: vegetables, milk) (1,3,7), organic rice with turmeric; organic snacks; organic fruit	Chive curd (organic: curd, milk) (3), organic potatoes; organic snack vegetables; organic fruit
Friday, 19.04.		Rosemary potatoes with baked vegetables (organic potatoes) (7), tomato salsa (7); snack vegetables; organic fruit	Rosemary potatoes with baked vegetables (organic potatoes) (7), tomato salsa (7); snack vegetables; organic fruit	Cauliflower waffle (homemade) (1,2), colorful rice (organic: rice, paprika), herb sauce (organic milk) (1,3,7); snacks; organic fruit
Monday, 22.04.		Organic wholemeal spaghetti (1), tomato sauce (organic vegetables) (7), pesto verde topping (herbs, sunflower seeds, organic cheese, oil) (homemade) (3); organic nibbles; organic fruit	Organic wholemeal spaghetti (1), tomato sauce (organic vegetables) (7), pesto verde topping (herbs, sunflower seeds, organic cheese, oil) (homemade) (3); organic snacks; organic fruit	Carrot stew with potatoes, herbs and sour cream (organic: vegetables, sour cream) (3,7), organic wholemeal bread (1); organic snacks; organic fruit
Tuesday, 23.04.		Salmon in fruity curry sauce (organic milk) (3,5,7), organic rice; cucumber salad with dill yoghurt dressing (organic yoghurt) (3)	Peppers and celery in fruity curry sesame sauce (organic milk) $(3,7,10)$ , organic rice; cucumber salad with dill yoghurt dressing (organic yoghurt) $(3)$	Couscous curd pancakes (homemade) (1,2,3), lecho (7); cucumber salad with dill yoghurt dressing (organic yoghurt) (3)
Wednesday, 24.04.		Potato and leek stew with beef and fresh herbs (organic: potatoes, beef, cream) (3,7), organic wholemeal bread (1); nibbled vegetables; organic fruit	Potato and leek stew with carrots and fresh herbs (organic: potatoes, cream) (3,7), organic wholemeal bread (1); nibbled vegetables; organic fruit	Black salsify in cream sauce with sesame seeds and herbs (organic cream) $(1,3,7,10)$ , organic wholegrain rice; nibbled vegetables; organic fruit
Thursday, 25.04.		Scrambled eggs (organic milk) (2,3) with creamed spinach (organic: spinach, cream) (3), organic potatoes; organic snacks; organic fruit	Scrambled eggs (organic milk) (2,3) with creamed spinach (organic: spinach, cream) (3), organic potatoes; organic snacks; organic fruit	Moussaka with cheese au gratin (organic: potatoes, cheese, milk, eggplants, soy mince) (3,4,7); organic nibbles; organic fruit
Friday, 26.04.		Organic spirelli (1), béchamel sauce with carrots, leek strips and red lentils (organic milk) (1,3), organic grated cheese (3); nibbled vegetables; organic fruit	Organic spirelli (1), béchamel sauce with carrots, leek strips and red lentils (organic milk) (1,3), organic grated cheese (3); nibbled vegetables; organic fruit	Lentil rösti (homemade) (1,2,7), organic potatoes, herb curd dip (organic: curd, milk) (3); nibbled vegetables; organic fruit
Monday, 29.04.		Organic spaghetti (1), tomato basil sauce (organic tomatoes) (7), organic grated cheese (3); organic snacks; organic fruit	Organic spaghetti (1), tomato basil sauce (organic tomatoes) (7), organic grated cheese (3); organic snacks; organic fruit	Mashed potatoes (organic potatoes), creamed savoy cabbage with tofu (organic: savoy cabbage, cream, tofu) (3,4,7); organic snacks; organic fruit
Tuesday, 30.04.		Vegetable noodle stew (organic noodles) (1,7), organic wholemeal bread (1); snack vegetables; vanilla pudding (organic milk) (3)	pudding (organic milk) (3)	Ratatouille (peppers, zucchinis, eggplant, tomatoes) (7); organic baguette (1); nibbled vegetables; vanilla pudding (organic milk) (3)
1 gluten, 2 egg, 3 milk (lactose), 4 soy, 5 fish, 6 peanuts, 7 celery, 8 mustard, 9 crustaceans, 10 sesame, 11 nuts, 12 sulfur dioxide & sulfites, 13 lupins, 14 mollusks				