





Date	Menu 1	Vegetarian Alternative	Menu 2 (vegetarian)
Monday, August 1st	Lentils, potato stew with leeks and carrots (organic: potatoes, leeks, carrots) (7), organic wholemeal bread (1); organic crunchy vegetables; organic fruit	Lentils, potato stew with leeks and carrots (organic: potatoes, leeks, carrots) (7), organic wholemeal bread (1); organic crunchy vegetables; organic fruit	Holidays: only menu 1 / vegetarian alternative
Tuesday, August 2nd	 Asian chicken strips with leeks, bean sprouts and pepper strips (4.7), organic rice; crunchy vegetables; chocolate pudding (organic milk) (3)	Asian tofu slices with leek, soybean sprouts and pepper strips (organic tofu) (4.7), organic rice; crunchy vegetables; chocolate pudding (organic milk) (3)	Holidays: only menu 1 / vegetarian alternative
Wednesday, August 3rd	Scrambled eggs (organic milk) (2.3) with creamed spinach (organic: spinach, cream) (3), organic potatoes; organic crunchy vegetables; organic fruit	Scrambled eggs (organic milk) (2.3) with creamed spinach (organic: spinach, cream) (3), organic potatoes; organic crunchy vegetables; organic fruit	Holidays: only menu 1 / vegetarian alternative
Thursday, August 4th	 Wild salmon in batter (1,5,8), herb sauce (organic milk) (1,3,7), mashed potatoes (organic: potatoes, milk) (3); carrot apple salad (organic: carrots, apple)	Green spelled bulette with linseed (organic green spelled) (1,2,7), herb sauce (organic milk) (1,3,7), mashed potatoes (organic: potatoes, milk) (3); carrot apple salad (organic: carrots, apple)	Holidays: only menu 1 / vegetarian alternative
Friday, August 5th	 Organic macaroni (1) with bolognese (organic beef) (7), grated organic cheese (3); colorful leaf salad with yoghurt orange dressing (organic yoghurt) (3)	Organic macaroni (1) with vegetable bolognese (7), grated organic cheese (3); colorful leaf salad with yoghurt orange dressing (organic yoghurt) (3)	Holidays: only menu 1 / vegetarian alternative
Monday, August 8th	Colorful organic spirelli (1), bechamel sauce with chickpeas, carrots and chives (organic milk) (1,3), organic grated cheese (3); crunchy vegetables; organic fruit	Colorful organic spirelli (1), bechamel sauce with chickpeas, carrots and chives (organic milk) (1,3), organic grated cheese (3); crunchy vegetables; organic fruit	Holidays: only menu 1 / vegetarian alternative
Tuesday, August 9th	 Poultry balls (1,2), organic rice, tomato paprika sauce (organic: tomatoes, paprika) (7); organic crunchy vegetables; cherry quark (organic: quark, milk, cherries) (3)	Falafel (chickpea balls) (1.7), organic rice, tomato paprika sauce (organic: tomatoes, paprika) (7); organic crunchy vegetables; cherry quark (organic: quark, milk, cherries) (3)	Holidays: only menu 1 / vegetarian alternative
Wednesday, August 10th	 Breaded pollock (1.5), lemon sauce (organic milk) (1,3,7), tomato rice (organic: rice, tomatoes); organic crunchy vegetables; organic fruit	Millet patty with sesame (1,2,10), lemon sauce (organic milk) (1,3,7), tomato rice (organic: rice, tomatoes); organic crunchy vegetables; organic fruit	Holidays: only menu 1 / vegetarian alternative
Thursday, August 11th	Pea and potato cream soup (organic: peas, potatoes, cream) (3.7); organic pancakes (1,2,3); organic crunchy vegetables; applesauce	Pea and potato cream soup (organic: peas, potatoes, cream) (3.7); organic pancakes (1,2,3); organic crunchy vegetables; applesauce	Holidays: only menu 1 / vegetarian alternative
Friday, August 12th	Tomato sesame quark with leek (organic: quark, milk, tomatoes, leek) (3.10), organic potatoes; organic crunchy vegetables; organic fruit	Tomato sesame quark with leek (organic: quark, milk, tomatoes, leek) (3.10), organic potatoes; organic crunchy vegetables; organic fruit	Holidays: only menu 1 / vegetarian alternative
Monday, August 15th	 Organic Spirelli (1) with carbonara (poultry ham) (organic milk) (3.7); tomato salad (organic tomatoes)	Organic spirelli (1) with mushroom sauce (organic mushrooms) (organic milk) (3.7); tomato salad (organic tomatoes)	Holidays: only menu 1 / vegetarian alternative
Tuesday, August 16th	 Floured fried coalfish (1.5), herb rice (organic rice), orange sauce (organic milk) (1.3,7); chinese cabbage with lemon dressing (organic chinese cabbage)	Vegetable patty with linseed (1,2,7), herb rice (organic rice), orange sauce (organic milk) (1,3,7); chinese cabbage with lemon dressing (organic chinese cabbage)	Holidays: only menu 1 / vegetarian alternative
Wednesday, August 17th	Organic spaghetti (1), tomato basil sauce (organic tomatoes) (7), organic grated cheese (3); organic crunchy vegetables; organic fruit	Organic spaghetti (1), tomato basil sauce (organic tomatoes) (7), organic grated cheese (3); organic crunchy vegetables; organic fruit	Holidays: only menu 1 / vegetarian alternative
Thursday, August 18th	 Turkey schnitzel (1), mashed potatoes (organic potatoes), savoy cabbage in cream sauce (organic cream) (3.7); crunchy vegetables; blueberry quark (organic: quark, blueberries, milk) (3)	Soy escalope (1,2,4), mashed potatoes (organic potatoes), savoy cabbage in cream sauce (organic cream) (3.7); crunchy vegetables; blueberry quark (organic: quark, blueberries, milk) (3)	Holidays: only menu 1 / vegetarian alternative
Friday, August 19th	Rosemary potatoes with oven vegetables (organic potatoes) (7), hot tomato salsa (7); crunchy vegetables; organic fruit	Rosemary potatoes with oven vegetables (organic potatoes) (7), hot tomato salsa (7); crunchy vegetables; organic fruit	Holidays: only menu 1 / vegetarian alternative
Monday, August 22nd	Organic spirelli (1), tomato paprika sauce (organic: tomatoes, paprika) (7); organic crunchy vegetables; organic fruit	Organic spirelli (1), tomato paprika sauce (organic: tomatoes, paprika) (7); organic crunchy vegetables; organic fruit	Leek pumpkin pan with cumin (organic: leek, pumpkin), herb sauce (organic milk) (3.7), organic potatoes; organic crunchy vegetables; organic fruit
Tuesday, August 23rd	 Chicken fricassee with peas and carrots (organic cream) (1,3,7), organic rice; crunchy vegetables; apricot yoghurt (organic: yoghurt, apricots) (3)	Egg fricassee with peas and carrots (organic cream) (1,2,3,7), organic rice; crunchy vegetables; apricot yoghurt (organic: yoghurt, apricots) (3)	Carrot sesame schnitzel (1,2,7,10), zucchini sauce (organic cream) (3.7), organic rice; crunchy vegetables; apricot yoghurt (organic: yoghurt, apricots) (3)
Wednesday, August 24th	 Bean stew with organic potatoes, carrots and organic beef (7), organic wholemeal bread (1); crunchy vegetables; organic fruit	Bean stew with organic potatoes, carrots and chickpeas (7), organic wholemeal bread (1); crunchy vegetables; organic fruit	Oven vegetables with herder's cheese (organic cheese) (3.7), tomato herb dip (organic: quark, milk) (3), organic wholemeal bread (1); crunchy vegetables; organic fruit
Thursday, August 25th	 Fish ragout (saithe, salmon) in curry sauce with zucchini and peas (organic cream) (3,5,7), organic potatoes; crunchy vegetables; apple cinnamon quark (organic: quark, milk, apples) (3)	Aubergine ragout in curry sauce with zucchini, peas and sesame (organic cream) (3,7,10), organic potatoes; crunchy vegetables; apple cinnamon quark (organic: quark, milk, apples) (3)	Cauliflower cheese patty (1,2,3,7), turmeric sauce (organic cream) (1,3,7), organic rice with grated carrots and parsley; crunchy vegetables; Apple cinnamon quark (organic: quark, milk, apples) (3)
Friday, August 26th	Pasta pan with cream sauce (organic: pasta, cream) (1,3,7), rocket and sunflower seed topping; crunchy vegetables; organic fruit	Pasta pan with cream sauce (organic: pasta, cream) (1,3,7), rocket and sunflower seed topping; crunchy vegetables; organic fruit	Organic spaghetti (1) with vegetable bolognese (7), organic grated cheese (3); crunchy vegetables; organic fruit
Monday, August 29th	Organic Farfalle (1), red lentil vegetable sauce (organic vegetables) (7); organic crunchy vegetables; organic fruit	Organic Farfalle (1), red lentil vegetable sauce (organic vegetables) (7); organic crunchy vegetables; organic fruit	Vegetable stew (organic vegetables) (7), organic potatoes; organic crunchy vegetables; organic fruit
Tuesday, August 30th	 Turkey goulash with mushrooms (organic mushrooms, cream) (3.7), organic potatoes; organic crunchy vegetables; yoghurt with grated coconut (organic: yoghurt, milk) (3)	Paprika goulash with mushrooms (organic paprika, mushrooms, cream) (3.7), organic potatoes; organic crunchy vegetables; Yoghurt with grated coconut (organic: yoghurt, milk) (3)	Couscous pan with zucchini and peppers (organic: couscous, zucchini, peppers) (1.7), curry sauce (organic milk) (3); organic crunchy vegetables; yoghurt with grated coconut (organic: yoghurt, milk) (3)
Wednesday, August 31st	Borscht (organic cream) (3.7); semolina porridge (organic: milk, semolina) (1.3); crunchy vegetables; plum compote made from organic plums	Borscht (organic cream) (3.7); semolina porridge (organic: milk, semolina) (1.3); crunchy vegetables; Plum compote made from organic plums	Cauliflower cream soup with chopped parsley and sunflower seeds (organic milk) (3.7); Organic pancakes (1,2,3); crunchy vegetables; plum compote made from organic plums