

Date	Menu 1	Vegetarian Alternative	Menu 2 (vegetarian)
Tuesday, February 1st	 Turkey goulash with mushrooms (organic mushrooms, cream) (3.7), organic potatoes; organic crunchy vegetables; Yoghurt with grated coconut (organic: yoghurt, milk) (3)	Paprika goulash with mushrooms (organic paprika, mushrooms, cream) (3.7), organic potatoes; organic crunchy vegetables; Yoghurt with grated coconut (organic: yoghurt, milk) (3)	Holidays: only menu 1 / vegetarian alternative
Wednesday, February 2nd	Scrambled eggs (organic milk) (2.3) with creamed spinach (organic: spinach, cream) (3), organic potatoes; organic crunchy vegetables; organic fruit	Scrambled eggs (organic milk) (2.3) with creamed spinach (organic: spinach, cream) (3), organic potatoes; organic crunchy vegetables; organic fruit	Holidays: only menu 1 / vegetarian alternative
Thursday, February 3rd	 Wild salmon in batter (1,5,8), herb sauce (organic milk) (1,3,7), mashed potatoes (organic: potatoes, milk) (3); Carrot apple salad (organic: carrots, apple)	Green spelled bulette with linseed (organic green spelled) (1,2,7), herb sauce (organic milk) (1,3,7), mashed potatoes (organic: potatoes, milk) (3); Carrot apple salad (organic: carrots, apple)	Holidays: only menu 1 / vegetarian alternative
Friday, February 4th	Colorful organic spirelli (1), bechamel sauce with chickpeas, carrots and chives (organic milk) (1,3), organic grated cheese (3); crunchy vegetables; organic fruit	Colorful organic spirelli (1), bechamel sauce with chickpeas, carrots and chives (organic milk) (1,3), organic grated cheese (3); crunchy vegetables; organic fruit	Holidays: only menu 1 / vegetarian alternative
Monday, February 7th	Organic spirelli (1), tomato paprika sauce (organic: tomatoes, paprika) (7); organic crunchy vegetables; organic fruit	Organic spirelli (1), tomato paprika sauce (organic: tomatoes, paprika) (7); organic crunchy vegetables; organic fruit	Leek pumpkin pan with cumin (organic: leek, pumpkin), herb sauce (organic milk) (3.7), organic potatoes; organic crunchy vegetables; organic fruit
Tuesday, February 8th	 Chicken fricassee with peas and carrots (organic cream) (1,3,7), organic rice; crunchy vegetables; Apricot yoghurt (organic: yoghurt, apricots) (3)	Egg fricassee with peas and carrots (organic cream) (1,2,3,7), organic rice; crunchy vegetables; Apricot yoghurt (organic: yoghurt, apricots) (3)	carrot sesame schnitzel (1,2,7,10), zucchini sauce (organic cream) (3,7), organic rice; crunchy vegetables; Apricot yoghurt (organic: yoghurt, apricots) (3)
Wednesday, February 9th	 Bean stew with organic potatoes, carrots and organic beef (7), organic wholemeal bread (1); crunchy vegetables; organic fruit	Bean stew with organic potatoes, carrots and chickpeas (7), organic wholemeal bread (1); crunchy vegetables; organic fruit	Oven vegetables with herder's cheese (organic cheese) (3.7), tomato herb dip (organic: quark, milk) (3), organic wholemeal bread (1); crunchy vegetables; Organic fruit
Thursday, February 10th	 Fish ragout (saihte, salmon) in curry sauce with zucchini and peas (organic cream) (3,5,7), organic potatoes; crunchy vegetables; Apple cinnamon quark (organic: quark, milk, apples) (3)	Aubergine ragout in curry sauce with zucchini, peas and sesame (organic cream) (3,7,10), organic potatoes; crunchy vegetables; Apple cinnamon quark (organic: quark, milk, apples) (3)	Cauliflower cheese patty (1,2,3,7), turmeric sauce (organic cream) (1,3,7), organic rice with grated carrots and parsley; crunchy vegetables; Apple cinnamon quark (organic: quark, milk, apples) (3)
Friday, February 11th	Pasta pan with cream sauce (organic: pasta, cream) (1,3,7), rocket and sunflower seed topping; crunchy vegetables; organic fruit	Pasta pan with cream sauce (organic: pasta, cream) (1,3,7), rocket and sunflower seed topping; crunchy vegetables; organic fruit	Organic spaghetti (1) with vegetable bolognese (7), organic grated cheese (3); crunchy vegetables; organic fruit
Monday, February 14th	Organic Farfalle (1), Red Lentil Vegetable Sauce (Organic Vegetables) (7); organic crunchy vegetables; organic fruit	Organic Farfalle (1), Red Lentil Vegetable Sauce (Organic Vegetables) (7); organic crunchy vegetables; organic fruit	Vegetable stew (organic vegetables) (7), organic potatoes; organic crunchy vegetables; organic fruit
Tuesday, February 15th	Pea and potato cream soup (organic: peas, potatoes, cream) (3.7); Rice pudding (organic: milk, short grain rice) (3); organic crunchy vegetables; applesauce	Pea and potato cream soup (organic: peas, potatoes, cream) (3.7); Rice pudding (organic: milk, short grain rice) (3); organic crunchy vegetables; applesauce	Pea and potato cream soup (organic: peas, potatoes, cream) (3.7); organic pancakes (1,2,3); organic crunchy vegetables; applesauce
Wednesday, February 16th	 Breaded pollock (1.5), lemon sauce (organic milk) (1,3,7), tomato rice (organic: rice, tomatoes); organic crunchy vegetables; organic fruit	Millet patty with sesame (1,2,10), lemon sauce (organic milk) (1,3,7), tomato rice (organic: rice, tomatoes); organic crunchy vegetables; organic fruit	Herbs paprika quark (organic: quark, milk, paprika) (3), organic potatoes; organic crunchy vegetables; organic fruit
Thursday, February 17th	Vegetable noodle stew (organic noodles) (1.7), organic wholemeal bread (1); crunchy vegetables; Vanilla pudding (organic milk) (3)	Vegetable noodle stew (organic noodles) (1.7), organic wholemeal bread (1); crunchy vegetables; Vanilla pudding (organic milk) (3)	Ratatouille (peppers, zucchini, eggplant, tomatoes) (7), organic wholemeal bread (1); crunchy vegetables; Vanilla pudding (organic milk) (3)
Friday, February 18th	 Organic macaroni (1) with bolognese (organic beef) (7), grated organic cheese (3); colorful leaf salad with yoghurt orange dressing (organic yoghurt) (3)	organic macaroni (1) with vegetable bolognese (7), grated organic cheese (3); colorful leaf salad with yoghurt orange dressing (organic yoghurt) (3)	Green beans in mild apple mustard sauce (organic milk) (3,7,8), organic potatoes with sesame (10); colorful leaf salad with yoghurt orange dressing (organic yoghurt) (3)
Monday, February 21st	Tomato sesame quark with leek (organic: quark, milk, tomatoes, leek) (3.10), organic potatoes; organic crunchy vegetables; organic fruit	Tomato sesame quark with leek (organic: quark, milk, tomatoes, leek) (3.10), organic potatoes; organic crunchy vegetables; organic fruit	Broccoli with sunflower seeds (organic broccoli) (7), organic rice, carrot cream sauce (organic: carrots, milk) (3.7); organic crunchy vegetables; organic fruit
Tuesday, February 22nd	 Poultry balls (1,2), organic rice, tomato paprika sauce (organic: tomatoes, paprika) (7); organic crunchy vegetables; Cherry quark (organic: quark, milk, cherries) (3)	Falafel (chickpea balls) (1.7), organic rice, tomato paprika sauce (organic: tomatoes, paprika) (7); organic crunchy vegetables; Cherry quark (organic: quark, milk, cherries) (3)	Potato leek soup with red lentils (organic: potatoes, leeks) (7); organic crunchy vegetables; Cherry quark (organic: quark, milk, cherries) (3)
Wednesday, February 23rd	 Floured fried coalfish (1.5), herb rice (organic rice), orange sauce (organic milk) (1.3,7); Chinese cabbage with lemon dressing (organic Chinese cabbage)	Vegetable patty with linseed (1,2,7), herb rice (organic rice), orange sauce (organic milk) (1,3,7); Chinese cabbage with lemon dressing (organic Chinese cabbage)	Baked pasta with cheese (organic: pasta, milk, cheese) (1,2,3), tomato sauce (organic tomatoes) (7); Chinese cabbage with lemon dressing (organic Chinese cabbage)
Thursday, February 24th	Thai noodle pan with broccoli, carrot strips and paprika (organic noodles) (1.7), sweet and sour sauce (4.7); crunchy vegetables; organic fruit	Thai noodle pan with broccoli, carrot strips and paprika (organic noodles) (1.7), sweet and sour sauce (4.7); crunchy vegetables; organic fruit	Lentil stew with organic potatoes (7), organic wholemeal bread (1); crunchy vegetables; organic fruit
Friday, February 25th	borscht (organic cream) (3.7); Semolina porridge (organic: milk, semolina) (1.3); crunchy vegetables; Plum compote made from organic plums	borscht (organic cream) (3.7); Semolina porridge (organic: milk, semolina) (1.3); crunchy vegetables; Plum compote made from organic plums	Cauliflower cream soup with chopped parsley and sunflower seeds (organic milk) (3.7); Organic pancakes (1,2,3); crunchy vegetables; Plum compote made from organic plums
Monday, February 28th	 Organic Spirelli (1) with Carbonara (poultry ham) (organic milk) (3.7); Tomato salad (organic tomatoes)	Organic spirelli (1) with mushroom sauce (organic mushrooms) (organic milk) (3.7); Tomato salad (organic tomatoes)	Potato gratin with sesame crust (organic: potatoes, cheese, cream) (3.10); Tomato salad (organic tomatoes)

1 gluten, 2 egg, 3 milk (lactose), 4 soy, 5 fish, 6 peanuts, 7 celery, 8 mustard, 9 crustaceans, 10 sesame, 11 nuts, 12 sulfur dioxide & sulfites, 13 lupins, 14 mollusks