











Date		Menu 1	Vegetarian alternative	Menu 2 (vegetarian)
Monday, 1.01.		closed	closed	closed
Tuesday, 2.01.		Organic penne (1), tuna sauce with corn (organic: cream) (3,5,7); nibbled vegetables; organic fruit	Organic penne (1), tomato sauce with tofu and corn (organic: tofu) (3,4,7); nibbled vegetables; organic fruit	Organic penne (1), tomato sauce with tofu and corn (organic: tofu) (3,4,7); nibbled vegetables; organic fruit
Wednesday, 3.01.		Potato soup with marjoram (organic potatoes) (7), chicken wiener; nibbled vegetables; organic fruit	Potato soup with marjoram (organic potatoes) (7); nibbled vegetables; organic fruit	Potato soup with marjoram (organic potatoes) (7); nibbled vegetables; organic fruit
Thursday, 4.01.		Potato vegetable pan (7), chive sesame sour cream dip (organic: sour cream, curd, milk) (3,10); nibbled vegetables; organic fruit	Potato vegetable pan (7), chive sesame sour cream dip (organic: sour cream, curd, milk) (3,10); snacks; organic fruit	Potato vegetable pan (7), chive sesame sour cream dip (organic: sour cream, curd cheese, milk) (3,10); snacks; organic fruit
Friday, 5.01.		Pumpkin vegetable goulash in coconut sesame sauce (7,10), organic rice; snack vegetables; organic fruit	Pumpkin vegetable goulash in coconut sesame sauce (7,10), organic rice; snack vegetables; organic fruit	Pumpkin vegetable goulash in coconut sesame sauce (7,10), organic rice; snack vegetables; organic fruit
Monday, 8.01.		Organic wholegrain penne (1) with pumpkin tomato sour cream Bolognese (organic: pumpkin, tomatoes, sour cream) (3,7); organic nibbles; organic fruit	Organic wholegrain penne (1) with pumpkin tomato sour cream Bolognese (organic: pumpkin, tomatoes, sour cream) (3,7); organic nibbles; organic fruit	Smoked tofu cubes with carrots in curry sauce (organic: tofu, carrots, milk) (3,4), organic wholegrain rice; organic snack vegetables; organic fruit
Tuesday, 9.01.		Cream of pea soup (organic: peas, cream) (3,7); sweet millet dish (organic milk) (3); organic snack vegetables; compote made from organic cherries	Cream of pea soup (organic: peas, cream) (3,7); sweet millet dish (organic milk) (3); organic snack vegetables; compote made from organic cherries	Cream of pea soup (organic: peas, cream) (3,7); wholegrain semolina porridge (organic: milk, semolina) (1,3); organic snack vegetables; compote made from organic cherries
Wednesday, 10.01.		Chili con carne (organic: beef, corn) (7), organic wholemeal bread (1); nibbled vegetables; organic fruit	Chili sin carne (organic: soy, corn) (4,7), organic wholemeal bread (1); snack vegetables; organic fruit	Oriental vegetables (7), organic bulgur (1), mint yoghurt dip (organic yoghurt) (3); snack vegetables; organic fruit
Thursday, 11.01.		Pollock Müllerin style (1,5), herb sauce (organic cream) (3,7,8), organic rice; nibbled vegetables; vanilla pudding (organic milk) (3)	Roast vegetables with sesame (1,2,7,10), herb sauce (organic cream) (3,7), organic rice; nibbled vegetables; vanilla pudding (organic milk) (3)	Bean soup (green, white and kidney beans) with organic potatoes (7), organic bread with sunflower seeds (1); nibbled vegetables; vanilla pudding (organic milk) (3)
Friday, 12.01.		Colorful vegetables in horseradish sauce (organic: vegetables, cream) (3,7), organic potatoes; white cabbage salad with apples, carrots (organic: white cabbage, apples, carrots), sesame dressing (10)	Colorful vegetables in horseradish sauce (organic: vegetables, cream) (3,7), organic potatoes; white cabbage salad with apples, carrots (organic: white cabbage, apples, carrots), sesame dressing (10)	Lentil taler (1,2,7) with curd cheese (organic: curd cheese, milk) (3) and linseed oil; white cabbage salad with apples, carrots (organic: white cabbage, apples, carrots), sesame dressing (10)
Monday, 15.01.		Organic spirelli (1) with carbonara (poultry ham) (organic: milk, onions) (3,7); tomato salad (organic tomatoes)	Organic spirelli (1) with mushroom sauce (organic: mushrooms, milk, onions) (3,7); tomato salad (organic tomatoes)	Potato gratin with sesame crust (organic: potatoes, cheese, cream) (3,10); Tomato salad (organic tomatoes)
Tuesday, 16.01.		Eggs (2) in mustard sauce (organic milk) (3,7,8), organic potatoes; organic snack vegetables; chocolate pudding (organic milk) (3)	Eggs (2) in mustard sauce (organic milk) (3,7,8), organic potatoes; organic snack vegetables; chocolate pudding (organic milk) (3)	Broccoli carrot potato casserole (organic: broccoli, carrots, potatoes, milk, cream, cheese) (2,3,7); organic snack vegetables; chocolate pudding (organic milk) (3)
Wednesday, 17.01.		Bean stew with organic potatoes, carrots and chickpeas (7), organic wholemeal bread (1); nibbled vegetables; organic fruit	Bean stew with organic potatoes, carrots and chickpeas (7), organic wholemeal bread (1); nibbled vegetables; organic fruit	Oven vegetables (7), tomato herb dip (organic: quark, milk) (3), organic wholemeal bread (1); snack vegetables; organic fruit
Thursday, 18.01.		Salmon ragout in carrot curry sauce (organic cream) (3,5,7), organic rice; snacks; apple and cinnamon curd (organic: curd, milk, apples) (3)	Zucchini ragout in carrot curry sauce (organic cream) (3,7,10), organic rice; nibbles; apple and cinnamon curd (organic: curd, milk, apples) (3)	Cauliflower au gratin (3,7), organic potatoes; snack vegetables; apple cinnamon curd (organic: curd, milk, apples) (3)
Friday, 19.01.		Thai noodle pan with broccoli, peppers and leek (organic noodles) (1,7), sweet and sour sauce (4,7); snacks; organic fruit	Thai noodle pan with broccoli, peppers and leek (organic noodles) (1,7), sweet and sour sauce (4,7); snacks; organic fruit	Coconut curry with sweet potatoes and broccoli (7), organic rice; snack vegetables; organic fruit
Monday, 22.01.		Organic penne (1), carrot pesto, cheese sauce (organic: cheese, milk (3); nibbles; organic fruit	Organic penne (1), carrot pesto, cheese sauce (organic: cheese, milk (3); nibbles; organic fruit	Colorful potato vegetable pan with cheese au gratin (organic: potatoes, cheese) (3,7), béchamel sauce (7); nibbles; organic fruit
Tuesday, 23.01.		Fishcake (1,3,5), light mustard sauce (organic milk) (1,3,7,8), organic rice; bean salad made from organic beans	Quinoa patty with sunflower seeds (1,2,7), light mustard sauce (organic milk) (1,3,7,8), organic rice; bean salad made from organic beans	Vegetable stew with organic potatoes (7); bean salad made from organic beans
Wednesday, 24.01.		Cream of chickpea soup (organic: cream) (3,7); semolina porridge (organic: milk, semolina) (1,3); nibbled vegetables; plum compote made from organic plums	Cream of chickpea soup (organic: cream) (3,7); semolina porridge (organic: milk, semolina) (1,3); nibbled vegetables; plum compote made from organic plums	Cream of chickpea soup (organic: cream) (3,7); organic Kaiserschmarren (1,2,3); nibbled vegetables; plum compote made from organic plums
Thursday, 25.01.		Lentil potato stew with leek and carrots (organic: potatoes, leek, carrots) (7), organic wholemeal bread (1); organic snacks; organic fruit	Lentil potato stew with leek and carrots (organic: potatoes, leek, carrots) (7), organic wholemeal bread (1); organic snacks; organic fruit	Colorful pan-fried vegetables with kidney beans (organic vegetables) (7), tzatziki (organic: curd cheese, milk, cucumber) (3), organic wholemeal bread (1); organic nibbles; organic fruit
Friday, 26.01.		Organic wholemeal penne (1) with Bolognese (organic: beef, vegetables) (7), grated organic cheese (3); white cabbage salad (organic white cabbage) (7,8)	Organic wholemeal penne (1) with vegetable bolognese (organic vegetables) (7), grated organic cheese (3); white cabbage salad (organic white cabbage) (7,8)	Minestrone with organic fork spaghetti (1,7), organic wholemeal bread (1); white cabbage salad (organic white cabbage) (7,8)
Monday, 29.01.		Organic spirelli with tomato and eggplant sauce (1,7), organic grated cheese (3); nibbled vegetables; organic fruit	Organic spirelli with tomato and eggplant sauce (1,7), organic grated cheese (3); nibbled vegetables; organic fruit	Stew with two kinds of lentils, potatoes, a dollop of sour cream (organic: potatoes, sour cream, milk) (3,7), organic wholemeal bread (1); nibbled vegetables; organic fruit
Tuesday, 30.01.		Wild salmon with dill sauce (organic: milk, onions) (1,3,5,7), mashed potatoes (organic: potatoes, milk) (3); carrot and apple salad with sesame seeds (organic: carrots, apple) (10)	Roasted cauliflower in dill sauce (organic: milk, vegetables) (1,3,7), mashed potatoes (organic: potatoes, milk) (3); carrot and apple salad with sesame seeds (organic: carrots, apple) (10)	Chickpea stew with coconut milk, potatoes and leek strips (organic: potatoes, vegetables) (7); carrot and apple salad with sesame seeds (organic: carrots, apple) (10)
Wednesday, 31.01.		Turkey ragout with mushrooms (organic mushrooms, cream) (3,7), organic rice; organic snack vegetables; yoghurt with grated coconut (organic: yoghurt, milk) (3)	Mushroom ragout with paprika (organic: mushrooms, paprika, cream) (3,7), organic rice; organic snack vegetables; yoghurt with grated coconut (organic: yoghurt, milk) (3)	Pasta pan with zucchinis and peppers (organic: pasta, zucchinis, peppers) (1,7), curry sauce (organic: milk, onions) (3); organic snack vegetables; yoghurt with grated coconut (organic: yoghurt, milk) (3)