Menu

DE-ÖKO-044 Always for fruit, dairy products, potatoes, page





ivienu			Always for fruit, dairy products, potatoes, pasta, rice	ABRAXAS DIE KUCHE
Date	Menu 1		Vegetarian Alternative	Menu 2 (vegetarian)
Vednesday, 1.05.		Closed	Closed	Closed
hursday, 2.05.		e pan with broccoli, peppers and leek (organic noodles) (1,7), sweet and sour sauce (4,7); getables; organic fruit	Thai noodle pan with broccoli, peppers and leek (organic noodles) (1,7), sweet and sour sauce (4,7); nibbled vegetables; organic fruit	Coconut curry with sweet potatoes and broccoli (7), organic rice; nibbled vegetables; organic fruit
riday, 3.05.	Fishcake (1 beans	1,3,5), light mustard sauce (organic milk) (1,3,7,8), organic rice; bean salad made from organic	Quinoa patty with sunflower seeds (home-made) (1,2,7), light mustard sauce (organic milk) (1,3,7,8), organic rice; bean salad made from organic beans	Vegetable stew with organic potatoes (7); bean salad made from organic beans
londay, 6.05.	Organic spi organic fru	irelli with tomato and aubergine sauce (1,7), organic grated cheese (3); snack vegetables; iit	Organic spirelli with tomato and aubergine sauce (1,7), organic grated cheese (3); snack vegetables; organic fruit	Stew with two kinds of lentils, potatoes, a dollop of sour cream (organic: potatoes, sour cream, milk) (3,7), organic wholemeal bread (1); nibbled vegetables; organic fruit
uesday, 7.05.		bea soup (organic: peas, cream) (3.7); sweet millet dish (organic milk) (3); organic snack ;; compote made from organic cherries	Cream of pea soup (organic: peas, cream) (3.7); sweet millet dish (organic milk) (3); organic nibbles; organic cherry compote	Cream of pea soup (organic: peas, cream) (3.7); wholemeal semolina porridge (organic: milk, semolina) (1.3); organic nibbles; organic cherry compote
Vednesday, 8.05.	Chilli con ca	arne (organic: beef, corn) (7), organic wholemeal bread (1); snack vegetables; organic fruit	Chilli sin carne (organic: soya, corn) (4.7), organic wholemeal bread (1); snack vegetables; organic fruit	Oriental vegetables (7), organic bulgur (1), mint yoghurt dip (organic yoghurt) (3); snack vegetables; organic fruit
hursday, 9.05.		Closed	Closed	Closed
riday, 10.05.		to stew with leek and carrots (organic: potatoes, leek, carrots) (7), organic wholemeal bread c nibbled vegetables; organic fruit	Lentil potato stew with leek and carrots (organic: potatoes, leek, carrots) (7), organic wholemeal bread (1); organic nibbled vegetables; organic fruit	Colourful stir-fried vegetables with kidney beans (organic vegetables) (7), tzatziki (organic: quark, milk, cucumber) (3), organic wholemeal bread (1); organic snacks; organic fruit
londay, 13.05.		nolemeal penne (1) with pumpkin tomato sour cream Bolognese (organic: pumpkin, tomatoes, n) (3,7); organic nibbles; organic fruit	Organic wholemeal penne (1) with pumpkin tomato sour cream Bolognese (organic: pumpkin, tomatoes, sour cream) (3,7); organic nibbles; organic fruit	Smoked tofu cubes with carrots in curry sauce (organic: tofu, carrots, milk) (3,4), organic wholegrain ric organic snack vegetables; organic fruit
uesday, 14.05.		illerin style (1,5), herb sauce (organic cream) (3,7,8), organic rice; nibbled vegetables; vanilla organic milk) (3)	Vegetable rösti with sesame (home-made) (1,2,7,10), herb sauce (organic cream) (3,7), organic rice; nibbled vegetables; vanilla pudding (organic milk) (3)	Bean soup (green, white and kidney beans) with organic potatoes (7), organic bread with sunflower set (1); snack vegetables; vanilla pudding (organic milk) (3)
ednesday, 15.05.		etable pan (7), chive sesame sour cream dip (organic: potatoes, sour cream, quark, milk) bled vegetables; organic fruit	Potato vegetable pan (7), chive sesame sour cream dip (organic: potatoes, sour cream, quark, milk) (3,10); nibbled vegetables; organic fruit	Pumpkin vegetable goulash in coconut sesame sauce (7,10), organic rice; snack vegetables; organic fru
hursday, 16.05.	Turkey rage yoghurt with	out with mushrooms (organic mushrooms, cream) (3,7), organic rice; organic snack vegetables; th grated coconut (organic: yoghurt, milk) (3)	Mushroom ragout with paprika (organic: mushrooms, paprika, cream) (3,7), organic rice; organic snacks; yoghurt with grated coconut (organic: yoghurt, milk) (3)	Noodle pan with courgettes and peppers (organic: noodles, courgettes, peppers) (1.7), curry sauce (organic: milk, onions) (3); organic nibbles; yoghurt with grated coconut (organic: yoghurt, milk) (3)
riday, 17.05.	Organic pe organic fru		Organic penne (1), carrot pesto (homemade), cheese sauce (organic: cheese, milk (3); snack vegetables; organic fruit	Colourful potato and vegetable pan with cheese au gratin (organic: potatoes, cheese) (3,7), béchamel sauce (7); nibbled vegetables; organic fruit
londay, 20.05.		Closed	Closed	Closed
uesday, 21.05.		with organic potatoes, carrots and chickpeas (7), organic wholemeal bread (1); nibbled ; organic fruit	Bean stew with organic potatoes, carrots and chickpeas (7), organic wholemeal bread (1); nibbled vegetables; organic fruit	Oven vegetables (7), tomato herb dip (organic: quark, milk) (3), organic wholemeal bread (1); nibbled vegetables; organic fruit
ednesday, 22.05.		mustard sauce (organic milk) (3,7,8), organic potatoes; organic snack vegetables; chocolate organic milk) (3)	Eggs (2) in mustard sauce (organic milk) (3,7,8), organic potatoes; organic snack vegetables; chocolate pudding (organic milk) (3)	Broccoli carrot potato casserole (organic: broccoli, carrots, potatoes, milk, cream, cheese) (2,3,7); orga snack vegetables; chocolate pudding (organic milk) (3)
nursday, 23.05.	Turkey gyro	os (7), turmeric rice (organic rice), tzatziki (organic: quark, yoghurt) (3); organic fruit	Veggie gyros (organic tofu) (4,7), turmeric rice (organic rice), tzatziki (organic: quark, yoghurt) (3); organic fruit	Veggie cevapcici (home-made) (organic tofu) (1,2,4,7), tomato rice (organic rice), ketchup (home-made (7); organic fruit
iday, 24.05.	Organic pe	enne (1), tuna sauce with sweetcorn (organic: cream) (3,5,7); nibbled vegetables; organic fruit	Organic penne (1), tomato sauce with tofu and corn (organic: tofu) (3,4,7); snack vegetables; organic fruit	Grünkerntaler (homemade) (1,2,7), colourful potato salad (organic: potatoes, yoghurt) (3); nibbled vegetables; organic fruit
londay, 27.05.		ken soup with coconut milk and organic rice (7), organic wholemeal bread with sunflower organic nibbles; organic fruit	Indian pumpkin soup with coconut milk and rice (organic: pumpkin, rice) (7), organic wholemeal bread with sunflower seeds (1); organic nibbles; organic fruit	Gratinated polenta with courgettes and peppers (organic: sweetcorn, courgettes, peppers) (7), light rosemary sauce (7); organic nibbles; organic fruit
uesday, 28.05.		on with dill sauce (organic: milk, onions) (1,3,5,7), mashed potatoes (organic: potatoes, milk) and apple salad with sesame seeds (organic: carrots, apple) (10)	Roast cauliflower in dill sauce (organic: milk, vegetables) (1,3,7), mashed potatoes (organic: potatoes, milk) (3); carrot and apple salad with sesame seeds (organic: carrots, apple) (10)	Chickpea stew with coconut milk, potatoes and leek strips (organic: potatoes, vegetables) (7); Carrot an apple salad with sesame seeds (organic: carrots, apple) (10)
ednesday, 29.05.		with onions and egg (organic: potatoes, milk) (2,3), light sauce with sweetcorn (7); nibbled ;; organic fruit	Potato pan with onions and egg (organic: potatoes, milk) (2,3), light sauce with sweetcorn (7); nibbled vegetables; organic fruit	Wok vegetable pan with organic tofu, peppers and bamboo shoots (4,7), organic rice; snack vegetables organic fruit
nursday, 30.05.		thickpea soup (organic: cream) (3,7); Semolina porridge (organic: milk, semolina) (1,3); Nibbled; Plum compote made from organic plums	Cream of chickpea soup (organic: cream) (3,7); Semolina porridge (organic: milk, semolina) (1,3); Nibbled vegetables; Plum compote made from organic plums	Cream of chickpea soup (organic: cream) (3,7); organic Kaiserschmarren (1,2,3); nibbled vegetables; pl compote made from organic plums
riday, 31.05.		regetables in horseradish sauce (organic: vegetables, cream) (3.7), organic potatoes; white alad with apples, carrots (organic: white cabbage, apples, carrots), sesame dressing (10)	Colourful vegetables in horseradish sauce (organic: vegetables, cream) (3.7), organic potatoes; white cabbage salad with apples, carrots (organic: white cabbage, apples, carrots), sesame dressing (10)	Lentil pancakes (homemade) (1,2,7) with quark (organic: quark, milk) (3) and linseed oil; white cabbage salad with apples, carrots (organic: white cabbage, apples, carrots), sesame dressing (10)

1 gluten, 2 egg, 3 milk (lactose), 4 soy, 5 fish, 6 peanuts, 7 celery, 8 mustard, 9 crustaceans, 10 sesame, 11 nuts, 12 sulfur dioxide & sulfites, 13 lupins, 14 mollusks