



Date	Menu 1	Vegetarian Alternative	Menu 2 (vegetarian)
Thursday, 1.02.	Rosemary potatoes with baked vegetables (organic potatoes) (7), tomato salsa (7); nibbled vegetables; organic fruit	Rosemary potatoes with baked vegetables (organic potatoes) (7), tomato salsa (7); nibbled vegetables; organic fruit	Roast cauliflower (1,2), colorful rice (organic: rice, paprika), herb sauce (organic milk) (1,3,7); nibbled vegetables; organic fruit
Friday, 2.02.	Vegetable noodle stew (organic noodles) (1,7), organic wholemeal bread (1); snacks; vanilla pudding (organic milk) (3)	Vegetable noodle stew (organic noodles) (1,7), organic wholemeal bread (1); snacks; vanilla pudding (organic milk) (3)	Ratatouille (peppers, zucchini, eggplant, tomatoes) (7); organic baguette (1); nibbled vegetables; vanilla pudding (organic milk) (3)
Monday, 5.02.	Organic wholemeal spaghetti (1), tomato sauce (organic vegetables) (7), pesto verde topping (herbs, sunflower seeds, organic cheese, oil) (3); organic snacks; organic fruit	Organic wholemeal spaghetti (1), tomato sauce (organic vegetables) (7), pesto verde topping (herbs, sunflower seeds, organic cheese, oil) (3); organic snacks; organic fruit	Organic wholemeal spaghetti (1), tomato sauce (organic vegetables) (7), pesto verde topping (herbs, sunflower seeds, organic cheese, oil) (3); organic snacks; organic fruit
Tuesday, 6.02.	 Chicken fricassee with peas and carrots (organic cream) (1,3,7), organic rice; snack vegetables; apricot yoghurt (organic: yoghurt, apricots) (3)	Egg fricassee with peas and carrots (organic cream) (1,2,3,7), organic rice; snack vegetables; apricot yoghurt (organic: yoghurt, apricots) (3)	Egg fricassee with peas and carrots (organic cream) (1,2,3,7), organic rice; snack vegetables; apricot yoghurt (organic: yoghurt, apricots) (3)
Wednesday, 7.02.	Organic crispy stick with spinach and cheese filling (1,3); iceberg lettuce with lemon dressing (organic iceberg lettuce); organic fruit	Organic crispy bar with spinach and cheese filling (1,3); iceberg lettuce with lemon dressing (organic iceberg lettuce); organic fruit	Organic crispy bar with spinach and cheese filling (1,3); iceberg lettuce with lemon dressing (organic iceberg lettuce); organic fruit
Thursday, 8.02.	 Breaded pollock (1.5), mashed potatoes (organic potatoes), creamed spinach (organic cream) (3); nibbled vegetables; vanilla yoghurt (organic yoghurt) (3)	Scrambled eggs (organic milk) (2,3), mashed potatoes (organic potatoes), creamed spinach (organic cream) (3); nibbled vegetables; vanilla yoghurt (organic yoghurt) (3)	Scrambled eggs (organic milk) (2,3), mashed potatoes (organic potatoes), creamed spinach (organic cream) (3); nibbled vegetables; vanilla yoghurt (organic yoghurt) (3)
Friday, 9.02.	Carrot stew with potatoes, herbs and sour cream (organic: vegetables, sour cream) (3,7), organic wholemeal bread (1); organic snack vegetables; organic fruit	Carrot stew with potatoes, herbs and sour cream (organic: vegetables, sour cream) (3,7), organic wholemeal bread (1); organic nibbled vegetables; organic fruit	Carrot stew with potatoes, herbs and sour cream (organic: vegetables, sour cream) (3,7), organic wholemeal bread (1); organic nibbled vegetables; organic fruit
Monday, 12.02.	Organic spaghetti (1), tomato basil sauce (organic tomatoes) (7), organic grated cheese (3); organic snacks; organic fruit	Organic spaghetti (1), tomato basil sauce (organic tomatoes) (7), organic grated cheese (3); organic snacks; organic fruit	Mashed potatoes (organic potatoes), creamed savoy cabbage with tofu (organic: savoy cabbage, cream, tofu) (3,4,7); organic snacks; organic fruit
Tuesday, 13.02.	 Tuna salad in sour cream sauce (organic: sour cream) (3,5), organic potatoes; nibbled vegetables; Berlin pancakes (1,2,3)	Beet salad in sour cream sauce (organic: sour cream) (3), organic potatoes; nibbled vegetables; Berlin pancakes (1,2,3)	Green beans with pears in cream sauce (3,7), organic potatoes; snack vegetables; pancakes (1,2,3)
Wednesday, 14.02.	 Asian chicken strips with leek, bean sprouts and bell pepper strips (4,7), organic rice; nibbled vegetables; chocolate pudding (organic milk) (3)	Asian tofu pot with leek, bean sprouts and bell pepper strips (organic tofu) (4,7), organic rice; snack vegetables; chocolate pudding (organic milk) (3)	Roast vegetables (1,2,7) with herb dip (organic: curd, cream) (3,7), organic potatoes; nibbled vegetables; chocolate pudding (organic milk) (3)
Thursday, 15.02.	Scrambled eggs (organic milk) (2,3) with creamed spinach (organic: spinach, cream) (3), organic potatoes; organic snack vegetables; organic fruit	Scrambled eggs (organic milk) (2,3) with creamed spinach (organic: spinach, cream) (3), organic potatoes; organic snacks; organic fruit	Moussaka with cheese au gratin (organic: potatoes, cheese, milk, eggplants, soy mince) (3,4,7); organic snack vegetables; organic fruit
Friday, 16.02.	Red lentil soup with root vegetables, potatoes and fresh herbs (organic: root vegetables, potatoes) (7), organic wholemeal bread (1); organic snacks; organic fruit	Red lentil soup with root vegetables, potatoes and fresh herbs (organic: root vegetables, potatoes) (7), organic wholemeal bread (1); organic snacks; organic fruit	Organic wholegrain penne (1), vegetable ragout (organic vegetables) (7), organic grated cheese (3); organic snack vegetables; organic fruit
Monday, 19.02.	Organic wholemeal spaghetti (1) with tomato and sour cream sauce (organic: tomatoes, sour cream) (3,7); organic snacks; organic fruit	Organic wholemeal spaghetti (1) with tomato and sour cream sauce (organic: tomatoes, sour cream) (3,7); organic snacks; organic fruit	Wholegrain rice with shepherd's cheese, peppers, onions and mint (organic: wholegrain rice, peppers, onions, shepherd's cheese) (1,3,7), tomato sauce (organic tomatoes) (7); organic snacks; organic fruit
Tuesday, 20.02.	Cream of turnip soup (organic: turnips, cream) (3,7); rice pudding (organic: milk, round grain rice) (3); organic snacks; cherry compote made from organic cherries	Cream of turnip soup (organic: turnips, cream) (3,7); rice pudding (organic: milk, round grain rice) (3); organic snacks; cherry compote made from organic cherries	Cream of turnip soup (organic: turnips, cream) (3,7); sweet quinoa casserole (organic: milk, curd) (2,3); organic snacks; cherry compote made from organic cherries
Wednesday, 21.02.	 Potato and leek stew with beef and fresh herbs (organic: potatoes, beef, cream) (3,7), organic wholemeal bread (1); nibbled vegetables; organic fruit	Potato and leek stew with carrots and fresh herbs (organic: potatoes, cream) (3,7), organic wholemeal bread (1); nibbled vegetables; organic fruit	Black salsify in cream sauce with sesame and herbs (organic cream) (1,3,7,10), organic wholegrain rice; nibbled vegetables; organic fruit
Thursday, 22.02.	 Pollock in crispy batter (1,2,5), tomato sauce (organic: vegetables, milk) (1,3,7), organic rice with turmeric; organic snack vegetables; organic fruit	Millet patties with sesame seeds (1,2,10), tomato sauce (organic: vegetables, milk) (1,3,7), organic rice with turmeric; organic snacks; organic fruit	Chive curd (organic: curd, milk) (3), organic potatoes; organic nibbles; organic fruit
Friday, 23.02.	Organic spirelli (1), mushroom cream (organic: mushrooms, cream) (1,3,7); organic snacks; stracciatella curd (organic: curd, milk) (3)	Organic spirelli (1), mushroom cream (organic: mushrooms, cream) (1,3,7); organic snack vegetables; stracciatella curd (organic: curd, milk) (3)	Lasagne with light lemon sauce (organic: lasagne sheets, mushrooms, leek, milk) (1,3,7); organic nibbles; stracciatella curd (organic: curd, milk) (3)
Monday, 26.02.	Cream of cauliflower soup (organic: vegetables, potatoes, cream) (3,7); Rice pudding (organic: milk, round grain rice) (3); Organic snacks; Apple sauce	Cream of cauliflower soup (organic: vegetables, potatoes, cream) (3,7); Rice pudding (organic: milk, round grain rice) (3); Organic snacks; Apple sauce	Cream of cauliflower soup (organic: vegetables, potatoes, cream) (3,7); organic pancakes (1,2,3); organic snacks; apple sauce
Tuesday, 27.02.	 Organic spirelli (1), tomato beef ragout (organic: tomatoes, peppers, onions, beef) (7); organic snacks; organic fruit	Organic spirelli (1), tomato and bell pepper ragout (organic: tomatoes, peppers, onions) (7); organic snacks; organic fruit	Leek and pumpkin pan with cumin (organic: leek, pumpkin), herb sauce (organic milk) (3,7), organic potatoes; organic snacks; organic fruit
Wednesday, 28.02.	Herb quark with linseed oil (organic: curd, milk) (3), organic potatoes; organic snack vegetables; chocolate pudding (organic milk) (3)	Herb quark with linseed oil (organic: curd, milk) (3), organic potatoes; organic snacks; chocolate pudding (organic milk) (3)	Potato and vegetable gratin au gratin with cheese and sesame (organic: potatoes, vegetables, milk, cheese) (3,7,10); organic snack vegetables; chocolate pudding (organic milk) (3)
Thursday, 29.02.	 Salmon in fruity curry sauce (organic milk) (3,5,7), organic rice; cucumber salad with dill yoghurt dressing (organic yoghurt) (3)	Peppers and celery in fruity curry sesame sauce (organic milk) (3,7,10), organic rice; cucumber salad with dill yoghurt dressing (organic yoghurt) (3)	Couscous curd pudding, lecho (7); Cucumber salad with dill yoghurt dressing (organic yoghurt) (3)